



Spring Fever Compete USA Competition  
Hosted by  
Sprinker Recreation Center  
April 22-23, 2017



### GENERAL INFORMATION

Spring Fever Compete USA will be held at Sprinker Recreation Center, 14824 S C Street, Tacoma, Washington.

#### ELIGIBILITY

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn To Skate USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn To Skate USA program/club or any other Learn To Skate USA program/club.

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam and Learn To Skate USA skaters through Basic 6** must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

**Pre-Free skate – Free skate 6**, eligibility will be based only upon highest free skate test level passed (Moves In The Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

#### ENTRIES & FEES

**\$50.00** for the 1<sup>st</sup> event and **\$25.00** for each additional event entered and **\$10.00** for Surprise event. Online entries accepted on line at [www.entryeeze.com](http://www.entryeeze.com) . All paper entries must be filled out completely and returned with fee check made payable to Sprinker Recreation Center no later than March 22, 2017. Late entries, if accepted, is at the discretion of the competition director and may be subject to a \$20 late entry fee.

#### AWARDS

All participants will receive an award. All events are final rounds. Groups will not be larger than 6 skaters. Medals will be awarded immediately after the official posting of each event to first through sixth place.

#### SCHEDULE OF EVENTS & PRACTICE ICE

The competition & practice ice schedule will be posted on our website at [www.piercecountywa.org/parks/sprinker](http://www.piercecountywa.org/parks/sprinker) and at [www.entryeeze.com](http://www.entryeeze.com) no later than April 12, 2017. Schedules will be emailed to all skaters and coaches who have submitted entries online.

#### REGISTRATION & MUSIC

All skaters are to register at least one hour prior to their scheduled event. If the competition is running ahead of schedule, an event may begin earlier than the scheduled time. CD's should be turned in at the Registration desk and should be available for pick-up within one hour following the event. CD's should be clearly marked with the Skater's name, level, event and rink/club they represent. NO MORE than ONE program on a CD.

## EVENT: BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules / standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> <li>• March followed by a two foot glide and dip</li> <li>• Forward two foot swizzles 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 2-6 in a row</li> </ul>
Basic 1	1:10 max.	<ul style="list-style-type: none"> <li>• Forward two foot glide and dip</li> <li>• Forward two foot swizzles 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles 6-8 in a row</li> </ul>
Basic 2	1:10 max.	<ul style="list-style-type: none"> <li>• Forward one foot glide - either foot</li> <li>• Scooter pushes, right and left foot, – 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two foot turn in place- forward to backward</li> <li>• Backward two foot swizzles 6 - 8 in a row</li> </ul>
Basic 3	1:10 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one foot glide - either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul>
Basic 4	1:10 max.	<ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive both directions</li> <li>• Beginning two-foot spin, 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>
Basic 5	1:10 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counter clockwise</li> <li>• Backward crossovers 4-6 consecutive - both directions</li> <li>• Advanced two- foot spin, 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>
Basic 6	1:10 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line - right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop - right or left</li> </ul>

**EVENT:** Pre-Free Skate –Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:40 max.

Level	Time	Skating rules / standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> <li>• Two forward crossovers into a forward Inside Mohawk, step down and cross Behind, step into one backward crossover and step to a forward inside edge, Clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (min. 3 revs)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:40 max	<ul style="list-style-type: none"> <li>• Forward power stroking - 4-6 consecutive strokes</li> <li>• Upright spin, entry from backward crossovers-(min. 4-6 revs)</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:40 max	<ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Beginning back spin – up to two revolutions</li> <li>• Half Lutz jump</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:40 max	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, (min. 3 revs)</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>
Free Skate 4	1:40 max	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets -Right or Left</li> <li>• Sit spin- (min. 3 revs)</li> <li>• ½ Loop jump</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:40 max	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions.</li> <li>• Camel spin- (min. 3 revs)</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:40 max	<ul style="list-style-type: none"> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination – (min. 4 revolutions total)</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>

## SHOWCASE EVENTS:

Showcase events are open to skaters in Basic and Free Skate. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed unaided within one minute. A 0.2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

\* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on [www.usfigureskating.org](http://www.usfigureskating.org).

Showcase categories include:

- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time 1:00 Max
Pre Free skate –Free Skate 6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 Max



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## Compete USA INDIVIDUAL ENTRY FORM

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

EMAIL \_\_\_\_\_ STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PARENT'S NAME \_\_\_\_\_

AGE \_\_\_\_ (on April 22, 2017)      BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_      GENDER/SEX  Female  Male

HOME PHONE (    ) \_\_\_\_\_      CELL #(    ) \_\_\_\_\_

Learn to Skate USA #: \_\_\_\_\_      HIGHEST USFS LEVELS PASSED: \_\_\_\_\_

COACHES NAME \_\_\_\_\_      COACHES PHONE # (    ) \_\_\_\_\_

### Please check (X) the event(s) you are entering:

<b>Basic Free Skate Program:</b> __Snowplow Sam __Basic 1      __Basic 5 __Basic 2      __Basic 6 __Basic 3 __Basic 4	<b>Free Skate:</b> __Pre-FreeSkate __FreeSkate 1 __FreeSkate 2 __FreeSkate 3 __FreeSkate 4 __FreeSkate 5 __FreeSkate 6	<b>Showcase:</b> __Snowplow Sam __Basic 1      __Basic 5 __Basic 2      __Basic 6 __Basic 3	<b>Showcase:</b> __Pre-FreeSkate __FreeSkate 1 __FreeSkate 2 __FreeSkate 3 __FreeSkate 4 __FreeSkate 5 __FreeSkate 6
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### Certification of the Competitor

The competitor is eligible to enter the event(s) checked. It is agreed that the competitor skates this competition at his/her own risk. The competitor and family hereby release Sprinkler Recreation Center, participating clubs, participating rinks, their personnel, and contractors from all liabilities. The competitor and family also agree that any photographs or video taken by ISI, USFS, Sprinkler Recreation center, or any authorized party may be used for promotional purposes.

Competitors Signature: \_\_\_\_\_ Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor/Coach Signature: \_\_\_\_\_ Email: \_\_\_\_\_

Club Officer/Program Director: \_\_\_\_\_ Email: \_\_\_\_\_

### FEES & PAYMENT

- \$50 x 1 = \$ 50      First Event
  - \$25 x \_\_\_\_=\$\_\_\_\_\_      Each Additional Event (All Levels)
  - \$10 x 1 = \_\_\_\_\_      Surprise Event (All levels)
  - \$2.50      \$2.50      Paper entry processing fee
- \$\_\_\_\_\_ Total Enclosed

Please make check **payable** to **Sprinkler Recreation Center**

There are *NO* refunds!.

Entries and entry fee must be postmarked **ON OR BEFORE March 22, 2017.**

LATE ENTRIES WILL ONLY BE ACCEPTED AT DISCRETION OF THE COMPETITION DIRECTOR, LATE FEE MAY APPLY.

Payments by credit card need to be made in person, online or over the phone.

Mail completed entries with fee attached to:

Sprinkler Recreation Center  
14824 S. C Street  
Tacoma, WA 98444

253-798-4024 Fax  
253-798-4000 phone  
online at [www.entryeeze.com](http://www.entryeeze.com)